

WHAT IS LSCI?

We offer counseling services to children, adolescents, adults, couples, and groups in a warm, safe and supportive environment. Services are offered for a wide variety of mental health concerns, including depression, anxiety, stress, childhood abuse and trauma, family and relationship issues, grief and loss, sexual offending, and addiction recovery. The staff at Life Strategies is composed of a group of highly trained and experienced licensed professionals, holding Masters Degrees and PhD's.

www.lscihelp.com

For more information, or to make a referral, please call one of our offices nearest you or visit us online at www.lscihelp.com



CONTACT US

Jonesboro
2200 East Mathews
(870)-972-1268

Paragould
2420 Linwood Drive
(870)-236-5880

Little Rock
1719 Merrill Drive
(501)-663-2199

Hot Springs
1820 Central Avenue, Suite B & C
(501) 623-6000

Rogers
1108 Poplar Place
(479) 372-6464



ADULTS WITH PROBLEMATIC SEXUAL BEHAVIORS

Life Strategies Counseling, Inc.





WE CAN HELP.

We work on reducing deviant arousal, cognitive distortions, relapse prevention, etc. So please, if you or a loved one are in need of this type of treatment, please give one of our locations listed a call or visit us online at www.lscihelp.com

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Compassion and good health go hand in hand. You can count on our highly trained mental health professionals to help!

WHAT DOES OUR PROGRAM OFFER?

- Helping clients to admit fully to what they have done
- Identifying patterns of behavior they use and the attitudes that drive their abuse.
- Accepting that overcoming abusiveness is a long process.
- Accepting the consequences of their actions (including not feeling sorry for themselves about the consequences, and accepting responsibility for them)

WHAT TYPE OF THERAPY IS THIS?

- Psychosexual Evaluation
- Individual Therapy
- Group Therapy

OUR TEAM

Our therapists involved with this program are all Certified Sex Offender Treatment Specialists or Sex Offender Treatment Providers. All are ATSA trained and members as well.

